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**ALTITUDEFITNESS**  
STRENGTH PERFORMANCE WELLNESS

3905 Grand Ave STE 100

Laramie WY 82070



**FALL 2020 SESSION #1**

# **Youth Training & Sports Performance**

PROGRAMMING DESIGNED SPECIFICALLY  
FOR THE ATHLETES INVOLVED, SO THEY  
MOVE THROUGH  
PROGRESSIVE WORKOUTS

**MON-WED-FRI | 6 A.M.- 7 A.M.**

**AUG 31-OCT 2 2020**

No Class on Labor Day

**14 CLASSES @ \$119.00**

**DROP-IN ON ANY CLASS FOR \$10**

**Please complete and return with your payment**  
**to:** Altitude Fitness, 3905 E. Grand Ave, Suite 100  
Laramie, WY 82070

Athlete's Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Grade: \_\_\_\_\_

Gender: \_\_\_\_\_

Sports played or interested in:

**REGISTERING FOR Fall 2020 Session #1 @ 6:00am**

Parent/Guardian Name(s): \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_

I hereby consent that my child will participate in the Altitude Fitness Youth Training Clinic(s), recognizing that there are certain inherent and natural risks in any physical activity, and in consideration of the acceptance of registration, I hereby assume all risks of injury or damage to him/her resulting from participation in Altitude Fitness activities and I hereby release and hold harmless Altitude Fitness, it's owners, employees, volunteers, and agents, either in their individual capacities or by reason of their relationship to Altitude Fitness, from every claim, liability and demand of any kind or injury which might result from participation in Altitude Fitness activities.

Parent/Guardian Signature:

Date: